

Laundry

You may need: a stool to reach knobs for appliances

If sound of washer/dryer is aversive, consider noise cancelling headphones

Laundry

Laundry detergent

Patience!

Words (Vocabulary) to know:

What is a “load” of laundry?

Know the difference between clean/dirty laundry

What is “detergent”

What is the difference between dry/damp/wet

Which one is the washer/dryer?

What is an “appliance”

What to do:

1. Gather dirty laundry- what is dirty? (boom cards)
2. Check all pockets before each load
3. Sorting -Make two piles whites/darks (boom cards)
4. Choose which load to do first and what size is it? S/M/L?
5. Grab a grown up for help with which knobs to turn for your washing machine
6. Practice pouring! How much liquid detergent for what size of load?
 - a. Pods-How many for what size of load?
7. Close the lid and start the machine
8. Wait for the buzzer!
9. Transfer damp clothes to dryer
10. Clean out the lint trap (locate with a grown up where yours is)
11. Grab a grown up- set the dryer to proper setting (different in every home) and wait for the buzzer
12. Once the buzzer goes off, check the clothes...are they dry?
13. If dry, remove! Turn all dry clothes right-side out
14. Which clothes go on the hanger? / Which ones get folded?
15. Match the socks and fold down tops
16. Put clean clothes away!

