



CALMING NO-COOK PLAY DOUGH RECIPE

Ingredients:

- 1 cup of all-purpose white flour
- 1/4 cup fine table salt
- 1 tbsp cream of tartar
- 2 tbsp of vegetable oil
- 1 tbsp vegetable glycerin
- 3/4 cup boiling water
- 1/4 tsp of icing colors (we used aqua, blue, and green)
- 4 drops each of Cedarwood, Vetiver, and Calming essential oils (optional)

Directions:

1. Mix all of the ingredients except for the icing colors and essential oils.
2. After mixing in a bowl, take the dough out and knead it until it comes together with the consistency you want (smooth and not falling apart).
3. Roll it into a log and cut into 3 parts (if you are using more than one icing color). If you are just going to use one color, add the coloring into the bowl before you knead it. You may want to use a glove to mix and knead the icing colors into the dough so your hands don't turn blue.
4. Add 4 drops of the calming oils (Cedarwood, Vetiver, and Calming) to your colored dough. Our green one was Cedarwood, dark blue was Vetiver, and aqua was Calming. This step is optional.

To store them, place each dough ball into a small plastic bag or airtight container. It will last you for a few months this way.



RAINBOW CONFETTI PARTY SLIME

Ingredients:

- 1/2 cup Elmer's white glue
- 1/2 cup water
- Wilton Color Right liquid (black)
- 1/4 cup liquid starch
- rainbow sprinkles

Directions:

1. In a bowl, mix 1/2 cup of water with 1/2 cup of glue.
2. Mix in the liquid color.
3. Pour in the liquid starch.
4. Stir. Keep stirring until the liquid is gone and a glob of slime forms.
5. Knead the slime. It will be stringy and goopy in the beginning, but will quickly become more and more the consistency of slime.
6. Set the slime down and allow it to flatten out.
7. Sprinkle with the confetti sprinkles and let it sit 20 seconds or so.
8. Pick the slime up from underneath.
9. Store the slime in an airtight container.

Special note: As the slime is played with, the sprinkles will mix in and lose their coloring, but that's all part of the fun. Once they are dissolved, it will look like a completely new slime!



PUMPKIN SCENTED OOBLECK

Ingredients:

- 1 cup of cornstarch
- 1/2 cup water (start with 2-4 tablespoons and add more as needed to get the right consistency)
- 1 tsp. Pumpkin Spice liquid
- Orange food coloring
- Glitter (optional)
- Bowl
- Spoon

Directions:

1. Dump the cornstarch into your bowl.
2. Add the pumpkin spice to the corn starch.
3. Start mixing 2-4 tbsp. of water in at a time. Once you are able to get the melting effect when the oobleck leaves the spoon, you are getting close. The oobleck will look like a liquid in the bowl, turn into a solid when you touch it with the spoon and then melt as it leaves the spoon. It will also do the same thing when you touch it with your hands.
3. Add 4 drops of orange food coloring. You may need to add a few more of each color to get the orange color you want.
4. Add glitter, which is optional.



RAINBOW SOAP FOAM

Ingredients:

- 5-10 drops of food coloring
- 1/4 cup water
- 2 Tbsp. dish soap
- hand mixer
- optional: glitter

Directions:

1. In a bowl, add 1/4 cup water, 2 Tbsp. dish soap and 5-10 drops of food coloring. I also added some glitter with the food coloring to this step.
2. Mix on high with a hand mixer for about 2 minutes, until peaks form.
3. Put the foam into a shallow bin.
4. Rinse the bowl and beaters and follow the instructions again using a different color of food coloring. Repeat until the desired number of colors are created, adding each to the bin.



LAVENDER SCENTED BUBBLES

Ingredients:

- 1 1/2 cups lukewarm water
- 1/2 cup unscented, clear dish soap
- 1/4 cup light corn syrup
- 3-5 drops lavender essential oil
- optional: 3 drops of food coloring

Directions:

1. Mix together the water, dish soap, and corn syrup.
2. Once it is well combined, add the drops of essential oil and food coloring and mix in.
3. Pour the bubble mixture into a container, add a bubble wand and start making bubbles!