



Occupational Therapy
Ideas for the Week of
April 13th thru April
17th.

Hand strengthening and Manipulation tasks

- ❖ Feed the bird: Use a scissors to cut pipe cleaner into small pieces(worms) and put into empty spice container or parmesan container.

- ❖ Use play doh to roll into small worms or balls to make bird eggs.
- ❖ Use a plastic container with a small circle in the top and place small foam eggs, poms or beads into the container.
- ❖ Use a spoon and practice scooping and small containers to work on dumping with bird seed or rice.

Visual Motor Tasks/ Scissors practice

- ❖ Use twigs or popsicle sticks (pieces of the nest) to form simple shapes and letters.
- ❖ Find pictures of birds or other animals in the story in magazines or coloring books and cut them into pieces (make your own puzzle) and have your child put them back

together and they may even want to glue them onto a piece of paper.

- ❖ Bird nest and bird craft- Supplies construction paper, feathers, pipe cleaners, google eyes and glue. For younger students have all the parts cut and ready to assemble. Have your student look at an example and copy how to put the craft together. For older students have them cut out the nest and the circles for the pieces of the bird.



Sensory ideas

- ❖ Make a sensory box using bird seed, shredded paper or fake grass. Then hide items such as animals from the book, items

that deal with a bird: nest, eggs, flowers, worms, and small trees.

- ❖ Play and dig in the dirt to find your own worms.
- ❖ Bird Nest Snack- supplies- cookie, icing or yogurt, fruit snack, chocolate chips and cereal.



These are just a few
ideas that will facilitate

your child's skills. I
hope everyone is doing
well and I am available
if you have specific
questions or concerns.
Miss you all.

Ms. Katie